



Text Dubravka Tomeković Aralica Photos Klinika Svjetlost



Trends I

**Glumac Franco Nero na pregledu kod doktora Ivana i Krešimira Gabrića**

Actor Franco Nero with his eye doctors Ivan and Krešimir Gabrić

**Prof.dr.sc. Nikica Gabrić s budućim doktorima Ivanom i Krešimirom**

Prof. Nikica Gabrić, MD, PhD, with future doctors Ivan and Krešimir



**Prof. dr. sc. Nikica Gabrić izvodi oftalmološke operacije bez boli, šavova i lijepljenja, pri kojima mu asistiraju sinovi, doktori Ivan i Krešimir Gabrić, a trajno rješenje za dobar vid vlasnik Klinike Svjetlost dao je ugraditi i u vlastite oči**

Prof. Nikica Gabrić, MD, PhD, performs painless eye surgery without stitches or the use of surgical glue, with the little help of doctors assistants, his sons Ivan and Krešimir. The owner of Svjetlost clinic has selected the same permanent solution for his eyesight issues, as well

'Znam koliko vrijedi tehnologija koju imamo i svjestan sam stručnosti svojih zaposlenika. Naposlijetku, ako mi u Svjetlosti ne vjerujemo u ono što radimo, zašto bi pacijenti vjerovali nama?' Tako prof. dr. sc. Nikica Gabrić objašnjava zašto je, shvativši da mu vid slabi, na putu do posla odlučio u operacijsku dvoranu ući - kao pacijent. 'Kolega prof. dr. sc. Ratimir Lazić ugradio mi je Synergy multifokalne leće. Uz sve njihove prednosti, za mene je najvažnija mogućnost da operiram s vidom kakav sam imao na početku karijere', kaže osnivač i vlasnik oftalmološke Klinike Svjetlost, u kojoj su u proteklih 23 godine izveli oko 150.000 operacija. Pa kada je prošle godine kompanija Johnson & Johnson svijetu odlučila predstaviti intraokularne leće Synergy Toric, koje ispravljaju dioptrije na daljinu i blizinu te astigmatizam, premijeru ugradnje su organizirali virtualno, u suradnji s Klinikom Svjetlost, a jednu od operacija zajedno su izveli otac i sin Gabrić. 'Mislili smo da je to jedan posve običan radni dan, a onda su se upalila svjetla reflektora i počele su operacije uživo, ispred dvije tisuće oftalmologa svijeta. Kada danas gledamo na povjerenje koje

'I know the value of the technology we use, and the value of expertise of our employees. After all, if all of us at Svjetlost don't believe in what we do, why would our patients believe in us?', says prof. Nikica Gabrić, MD, PhD, explaining why he, having realized his eyesight was deteriorating, one day decided on his way to work to drop by an operating room - as a patient. 'My colleague prof. Ratimir Lazić, MD, PhD, implanted Synergy multifocal lenses. They offer many advantages, but the most important for me personally is the ability to regain the precise vision I had in my youth, essential for my profession', says the founder and owner of the Svjetlost Ophthalmology Clinic, which performed roughly 150,000 surgeries in the past 23 years. When Johnson & Johnson launched Synergy Toric lenses, intraocular presbyopia, myopia and astigmatism-correcting lenses last year, that launch was virtual and co-ordinated with Svjetlost, and one of the demo surgeries was performed by father and son duo Gabrić. 'For a second it looked like an ordinary workday, but then stage lights came to life and the surgeries began, live, broadcast to two

## 'Multifokalne leće meni su omogućile nastavak karijere'

## 'Multifocal lenses allowed me to continue my medical career'

nam je ukazano, drago nam je da smo upravo mi dobili priliku prikazati tijekom operacija. Ugradnja multifokalnih leća namijenjena je osobama starijim od 45 godina, a gornje dobne granice nema. Imali smo pacijenticu od 93 godine. Sama operacija traje nepunih 15 minuta, najprije se razbija mrena, ta naša zamučena leća, slikovito rečeno - prijavo staklo koje se ne može oprati. Potom kirurg našu prirodnu leću zamjenjuje multifokalnom. Operacija se izvodi pod lokalnom kapličnom anestezijom, bezbolna je, nema lista čekanja, a pacijent isti dan odlazi kući. Ovakve leće ugrađuju se jer omogućuju dobar vid na svim udaljenostima bez pomagala, rješavaju zdravstveni i estetski problem i trajno su rješenje', objašnjava Nikica Gabrić, kojemu pri operacijama često asistiraju sinovi, doktori Ivan i Krešimir. Lasersko uklanjanje dioptrije Ivan Gabrić gledao je još kao dječak, zrake su ga, kaže, fascinirale jer su ga podsjećale na 'Star Wars' i od tada je opčinjen spojem tehnologije i medicine, čarolijom koju izvode ruke kirurga. Prije deset godina i njemu su laserski uklonjene dioptrije. Raditi u klinici gdje je otac vlasnik, ravnatelj i učitelj, koji svoje golemo znanje prenosi na mlade generacije, za Gabriće juniore nesumnjivo je veliki izazov. No, u operacijskoj sali, kažu, nestaju obiteljski odnosi. 'Sposoban je istodobno strogo održavati disciplinu, jednostavno objasniti sve procese i uključiti suradnike u diskusiju, a zna i slušati kolege. Svoju ljubav i žar prema poslu prenio je i na nas, naučio nas je da su zdravlje i zadovoljstvo pacijenta najvažniji.'

thousand ophthalmologists around the world. When we reflect on the trust placed in us that day, we are glad we were given the opportunity to be part of that demo. Multifocal lenses are ideal for patients over the age of 45, and there is no upper age limit. We had a 93-year-old patient. The operation itself takes less than 15 minutes; first the cataract is removed; that, so to speak, blurry glass which no longer can be maintained. The surgeon then replaces the lens with a multifocal one. The surgery is performed under anesthesia by applying eye drop anesthetic, it is painless, there are no waiting lists, and the patient is released the same day. Multifocal lenses are used for their ability to restore clarity of vision and eliminate all distance-related issues without other aids. They solve health and aesthetic issues, and are a permanent solution', explains Nikica Gabrić, whose sons, young doctors Ivan and Krešimir Gabrić very often assist him during the surgery. Ivan Gabrić says he used to observe laser - which, he says, reminded him of Star Wars. He has been fascinated by that combination of technology and medicine since; by the magic performed by surgeons. Ten years ago, he had the same corrective surgery. Working in the clinic where his father is the owner, the manager and his teacher who passes on his vast knowledge to younger generations, is undoubtedly a challenge for Gabrić Juniors. But in the operating room, they say, family relationships are irrelevant. 'He is able to maintain strict discipline, explaining procedures simply and clearly, and involving all the staff in the procedure. He is also a good listener. Our father passed on his love and passion for work onto us, and he taught us that what's most important is the health and satisfaction of our patients.'

I engleski glumac  
Tim Roth poklonio je  
povjerenje timu  
Klinike Svjetlost

English actor Tim Roth  
trusts Klinika Svjetlost  
with the care of his  
eyesight

